Bedside Treatments for ABCDE Protocol

**Awakening & Breathing Coordination**

SAT Safety Screen
If passed the SAT safety screen, Perform SAT

If passed the SAT, Perform SBT safety screen
If fail SAT → Restart sedatives if needed at ½ dose & titrate

If passed the SBT safety screen, Perform SBT

If passed the SBT, team should consider extubation
If fail → Return ventilator support to previous settings

**Delirium Nonpharm Interventions**

**Pain:** Monitor and/or manage pain using an objective scale

**Orientation:** Talk about day, date, place; discuss current events; provide caregiver names; use clock and calendar in room

**Sensory:** Determine need for hearing aids and/or eye glasses

**Sleep:** noise reduction, day-night variation, “time-out” to minimize interruptions of sleep, promoting comfort & relaxation (e.g., massage, daytime bath, back care, wash face/hands, oral care)

**Early Exercise & Mobility**

Perform Exercise Safety Screen. If passed, perform therapy at patient’s highest level of ability.

1. Active range of motion exercises in bed and sitting position in bed
2. Dangling
3. Transfer to chair (active), includes standing without marching in place
4. Ambulation (marching in place, walking in room/hall)

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